

PSY 101: General Psychology

FALL 2019 ——— 3 Credits

MARIAN UNIVERSITY
COLLEGE OF ARTS, SCIENCE, & LETTERS
Department of Social, Behavioral, and Forensic Sciences

Why should you take (and be interested in) this class?

The most common question posed to psychologists (and people taking a psychology class) is “Are you analyzing me?” In fact, much of psychology is not about therapy and mental health. Instead, psychology is an incredibly broad field that explores how humans (and other animals) think and behave.

By taking this course, you will encounter information based in other sciences, like biology and chemistry. You will see how psychology informs countless other fields such as communications, nursing, and education. When we discuss how psychologists do research, you can learn how to evaluate all the news you see on your social media streams; when we learn about how people learn and remember things, you can apply reliable study techniques to your other coursework; when we discuss social thinking, you can see how people are influenced in group settings and recognize it in the real world. The list goes on and on.

In this class, we will tackle the concepts of psychology through the lens of three real-life issues: social media use, drugs and addictions, and stress. We will discuss how psychology can explain, inform, and influence these issues throughout the semester. Hopefully you will walk away from this class with a better understanding of psychology in your life and the world around you.

Catalog Description: An introduction to the science of psychology through a survey of the biological, intrapsychic, and social bases of behavior. Major topics included cognition, sensation and perception, motivation and emotion, personality, behavior disorders, and social elements of behavior.

Who is your professor?

Dr. Kidder (she/her) is an assistant professor of psychology at Marian University. She completed her Bachelors in Psychology at Lock Haven University in Pennsylvania and her Masters and Ph.D. at the University of Texas at El Paso. There, she taught as a graduate student instructor. Dr. Kidder teaches general psychology, statistics for social science, research methods, social psychology, cognitive psychology, neuroscience and history and systems in psychology. She and her family (husband and two kids) have lived in Fond du Lac since 2016.

Contact Information

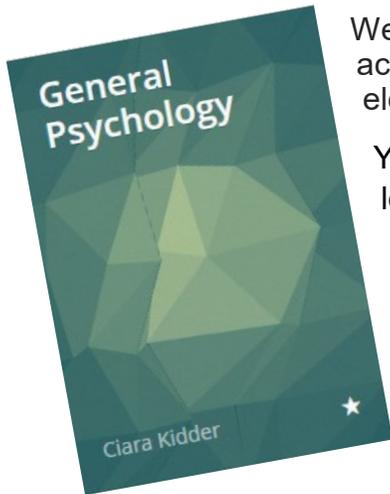
Email: ckkidder08@marianuniversity.edu

Office Hours: Monday 2-2:45, Wednesday 10-11, Thursday 2-3 OR by appointment

Office: Administration Building 301E

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What textbook do I need for this class?



We have an open source (free) textbook for this course. You can access the complete textbook on MO2 where you can download an electronic copy or request a print copy (approx. \$20).

You can also access the daily readings through links within your lessons posted on MO2.

You need reliable internet access and a working knowledge of MO2. Because of the nature of technology, you need to anticipate that there are sometimes outages. **You should have a back-up plan for technology issues including internet problems and computer crashes (use a cloud service for your files!!!).** You will also need to regularly check your university email for course updates.

What am I getting graded on (a.k.a. how will I show what I have learned)?

Your grade is a culmination of your demonstration of learning in this class. Your learning will be assessed through several assignments to give you the opportunity to demonstrate use of the course concepts in different ways.

Formative Assessment

As you are working through the material, it is important to identify the concepts you know and the concepts you don't. This allows you to know what questions to ask, or what supplemental resources to use.

Lessons: For each course topic you will complete a pre-lecture lesson to engage with and learn the basics of the course content. Each lesson is based on assigned readings and videos. Each lesson is worth 7points. Your lesson score is based on basic multiple choice questions embedded throughout the lesson. Over the course, there are 19 lessons. The three lowest lesson grades will be dropped from your overall grade. This will include any lessons you do not complete for any reason. Lessons contribute 112 points toward your total grade (16%).

Discussions: For most modules, we will have an in-class discussion day where you will break up into small groups and discuss the provided prompts. To prepare for these discussions you may be assigned a short reading, video, or podcast to engage with and a series of prompts to answer. Your grade will be based on preparation for and participation in the discussions. Each discussion day is worth 20 points. There are 5 discussion days, with one lowest grade dropped. Discussions contribute 80 points toward your overall grade (12%).

Annotated Bibliography: To practice APA style, demonstrate competency in information literacy, and prepare for your final project, you will complete an Annotated Bibliography on two scholarly sources based on a course theme. Instructions for this assignment can be found on MO2. This assignment is worth 30 points toward your final grade (5%).

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Summative Assessment

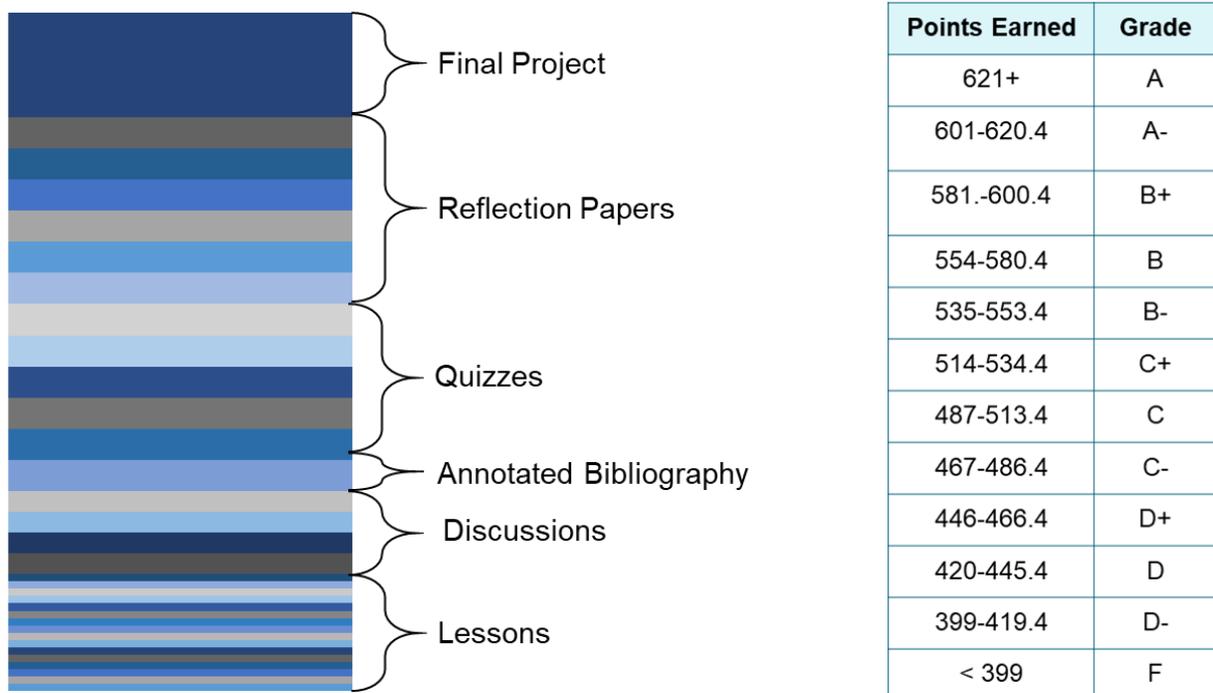
Mastering the course material comes from incorporating feedback from quizzes, class interactions, and discussions. You will demonstrate how well you have learned the concepts from the course in a few different ways.

Quizzes: For each module, you will complete a short answer quiz. During the quiz, you may bring to class any notes you have from the lessons or in-class activities. You will not be able to access anything that you bring to class that is not on paper. Each quiz is worth 30 points, contributing 200 points toward your overall grade.(30%).

Reflection Papers: For each module, you will complete a brief, 1-page reflection paper synthesizing what you learned about psychology during that module and broader applications to your life. The reflection papers must include appropriate citations and will be graded on writing. Each reflection paper is worth 30 points, contributing 150 points toward your overall grade (22%).

Final Project: This class culminates in a final group project to demonstrate your overall learning of the course concepts and how they apply to overarching course themes. In the project you will identify and discuss how a particular social problem explains or is impacted by psychology. Part of this project will involve synthesizing information presented throughout the course , the other part will involve elaborating on those ideas with outside research. You will participate in a peer-review workshop on an outline for your project. The final product will be either a podcast or a YouTube video. More information on the final project and resources are available on MO2. This final project is worth 100 points toward your final grade (15%).

Grading Summary:



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What will I learn about in this class?

History of Psychology
What is Psychology
Attention
Memory and Forgetting
Learning
Conditioning
Psychological Science
Psychological Research and Ethics
Thinking like a Psychologist
Abnormal Psychology

Therapies
Healthy Life
Neuronal Communication
Brain Anatomy
Epigenetics and Psychology
Cognitive Development
Social Development
Personality
Stereotypes, Prejudice, and Discrimination

What are the learning goals and outcomes that this course assesses?

General Education Learning Outcomes

Knowledge Acquisition:

- *Performance Indicator #2: Utilize technology to acquire information. Assessed with annotated bibliography.*
- *Performance Indicator #5: Demonstrate knowledge of basic facts, concepts and processes. Assessed with lessons.*

Critical Thinking: *Performance Indicator #2: Critically question. Assessed with reflection papers.*

Psychology Program Learning Outcomes

1. Knowledge Base: *Describe and apply key concepts, principles, and overarching themes in psychology. Assessed with quizzes*
2. Scientific Inquiry & Critical Thinking: *2.2 Demonstrate psychology information literacy. Assessed with annotated bibliography.*
3. Ethical and Social Responsibility: *3.1 Apply ethical standards to evaluate to psychological science and practice. Assessed with Science Lessons.*
4. Communication: *4.2 Exhibit effective presentation skills for different purposes. Assessed with final project.*
5. Professional Development: *5.1 Apply psychological content and skills to career goals. Assessed with discussion.*

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Do I have to go to class?

Attendance is taken daily reported to various offices on campus. I do not grade based on attendance, but failure to regularly attend class will likely impact your ability to complete the course assessments successfully. If something comes up that prevents you from completing components of this course, you need to discuss it with me immediately. According to the published tuition rates, this class costs about \$2750. We will meet 41 times this semester so each class is worth about \$67.

What if I miss class on a quiz day?

If you know you will miss class on a Quiz day, you must email me at least 3 days before the quiz and arrange to take the quiz prior to the scheduled day. In event of an emergency, you must contact me via email no later than 2 days after the quiz (assuming you are able to) and arrange to make-up the quiz within one week of the originally scheduled quiz day.

Can I turn in things late?

I understand that things happen in your lives. Because of that, **you have ONE, 48hr extension on any course assignment** (not for use on the final project or quizzes), no questions asked. If you wish to use this extension, simply send me an email 12 hrs. before or after the due date and time, to let me know that you are using your free pass. All other late work will be accepted only on a case-by-case basis.

Academic Honesty Policy (about cheating and plagiarism):

The rules and procedures dealing with academic honesty set forth in the Marian University Academic Bulletin will be followed in this class. Students are expected to have familiarized themselves with these rules and procedures. This applies to cheating, plagiarism and intentional misrepresentation of the truth. If a paper is prepared by a student for this class, it is expected that the paper will be the student's own work and that any use of the work of another in a student's paper be properly quoted and cited.

All work in this class must be your own words with proper citation. In this class, quoting is rarely appropriate. Here are some common examples of academic dishonesty in this class:

- Copy-pasting from a textbook or website (even with citation) is plagiarism.
- Failure to cite is considered plagiarism.
- Working with another student on a reflection paper is considered cheating.
- Working with another student, or giving another student the answers, on lessons is considered cheating.

Students suspected of these or any other form of academic dishonesty will be notified and face consequences in this course (e.g., a zero on an assignment) and may result in a report to the Office of Academic Affairs.

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Where can I get help?

Office Hours. Office hours are one of the ways in which I make myself available to answer questions about this course, your academic goals, or even just a chat. Office hours means that I am in my office specifically to meet with students. These are drop-in times, so you don't need to let me know that you are coming, you just have to show up!!!!

Tutoring. Marian offers free peer tutoring through the Learning Center (2nd floor of the library). If you are struggling in this (or another) class, check out this great resource.

Mental Health. If you are struggling with your mental health and need support, Marian offers free, confidential Counseling services to all students on campus between 8am and 4:30pm. Call 920-923-8799 or 920-923-7615 to schedule an appointment or stop into room 010 in the lower level of Regina Hall for urgent needs. If you are experiencing a crisis after hours, you can call the Fond du Lac County 24-Hour Crisis Line at 920-929-3535, The National Suicide Prevention Lifeline: 1-800-273-8255, or call 911. Please let me know if you need help finding off-campus mental health resources.

Statement Regarding Accessibility Resources. Marian University will provide reasonable accommodations to qualified people with disabilities. If you feel you need accommodations to fully participate in this class, please contact Lisa Olig, Director of Accessibility Resources, at 920-923-8951.

Marian University Credit Hour Policy (or how many hours can I expect to put into this class?):

According to commonly-accepted collegiate academic practices, success in this 3-credit course requires work equivalent to a minimum of 135 hours of work; **Over 14 weeks of classes, that's more than 6 hours of class related work outside of our meeting times per week!** It will be important to plan your work accordingly and start assignments prior to their due dates in order to have enough time to complete them (and to reach out for help when needed). Work ahead when possible!! Coursework includes: lessons, discussions, assignments, quizzes, reflections, and the final project.

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When is stuff due?

September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	3	4 First Day of Class	5	6 Course Intro Lesson due <u>before class</u>	7	8
9 History of Psych Lesson due <u>before class</u>	10	11 Introduction to Psych Lesson due <u>before class</u>	12	13 Quiz 1 in class, bring hard copies of your notes	14	15
16 Attention Lesson due <u>before class</u>	17	18 Cont. Attention, no assignments due	19	20 Memory and Forgetting Lesson due <u>before class</u>	21	22
23 Memory and Forgetting cont., no assignments due	24	25 Factors Affecting Learning Lesson due <u>before class</u>	26	27 Discussion 1, complete pre-discussion assignment <u>before class</u>	28	29

October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 Conditioning Lesson due <u>before class</u>	1	2 Cont. Conditioning, no assignment due	3	4 Quiz 2 in class, bring hard copies of your notes	5	6 Reflection Paper 1 due at 11:55 pm
7 Why Science Lesson due <u>before class</u>	8	9 Psychological Research & Ethics Lessons due <u>before class</u>	10	11 Thinking like a Scientist Lesson due <u>before class</u>	12	13
14 Discussion 2, complete pre-discussion assignment <u>before class</u>	15	16 Quiz 3 in class, bring hard copies of your notes	17 FALL BREAK	18 FALL BREAK (no class)	19	20
21 Abnormal Psych Lesson due <u>before class</u> . Reflection Paper	22	23 Therapies Lesson due <u>before class</u>	24	25 Work on Annotated Bibliography, Bring your Device!!	26	27
28 Healthy Life Lesson due <u>before class</u>	29	30 Discussion 3, complete pre-discussion assignment <u>before</u>	31	1 Quiz 4 in class, bring hard copies of your notes	2	3 Reflection Paper 3 due at 11:55 pm

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November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 Neuronal Communication Lesson due <u>before class</u>	5	6 Cont. Neuronal Communication, no assignment due	7	8 The Brain Lesson due <u>before class</u>	9	10
11 Epigenetics Lesson due <u>before class</u>	12	13 Discussion 4, complete pre-discussion assignment <u>before</u>	14	15 Quiz 5 in class, bring hard copies of your notes	16	17 Reflection Paper 4 due at 11:55 pm
18 Final Project Planning day in class, no assignments due.	19	20 Development lesson due <u>before class</u>	21	22 Cont. Development, no assignment due	23	24
25 Personality Lesson due <u>before class</u>	26	27 THANKSGIVING BREAK, no class.	28 THANKSGIVING BREAK	29 THANKSGIVING BREAK, no class.	30	1

December

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Stereotypes, Prejudice and Discrimination Lesson due <u>before class</u>	3	4 Discussion 5, complete pre-discussion assignment <u>before class</u>	5	6 Quiz 6 in class, bring hard copies of your notes	7	8 Reflection Paper 5 due at 11:55 pm
9 Group Project Peer Reviews; Outlines due <u>before class.</u>	10	11 Project Workday, in-class	12	13 Presentation of Final Projects	14	15